

FREQUENTLY ASKED

QUESTIONS:

How long will I need to stay?

Length of stay depends on your medical condition and how long it takes to meet treatment goals. You and your team will set your goals.

What should I bring with me?

Bring toiletries and clothes. Comfortable clothes for exercise, and shoes and socks are needed for therapy sessions. The hospital will supply pajamas if needed. A bedside locker is provided for personal belongings. Please do not bring large amounts of cash or valuable items. Bring a medication list, but leave your medications at home.

Where can my family stay?

- The Fisher House offers lodging to family members of patients.
- Hospital Hospitality House (HHH) is one low cost lodging choice available to family members. It is located approximately 5 miles away from the hospital.

Please speak with one of our social worker for a referral to the Hospital Hospitality House, Fisher House or other nearby hotels.



MISSION

Commitment to the provision of high quality, cost effective, comprehensive treatment through an interdisciplinary process to SCI&D Veterans in our VISN/catchment area including care, education and research.

VISION

- To be the health care provider of choice for spinal cord injury and disorders Veterans and Active Duty service members
- To be the leader in the Spinal Cord Injury & Disorders field
- To be the organization of choice for employees

VALUES

Integrity ~ Commitment ~

Advocacy ~ Respect ~ Excellence



The SCI&D Rehabilitation Program is accredited by the Commission for Accreditation of Rehabilitation Facilities (CARF)

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SPINAL CORD INJURY & DISORDERS SERVICES

Rehabilitation Program



**McGuire Veterans Affairs
Medical Center
Richmond, Virginia**



SCI&D Rehabilitation Program

The Spinal Cord Injury & Disorders (SCI&D) is located on the first floor of the Richmond McGuire VA Medical Center. Housed within the hospital, patients have quick access to all services to best meet their medical needs.

Patients in the SCI&D are assigned to treatment team led by a physician specializing in Spinal Care medicine and rehabilitation. On admission, patients can expect a full evaluation by each member of the treatment team. Patients will meet with the team to talk about goals and how they will meet those goals. Discharge planning also starts with admission for a successful return to the community. As progress is made the therapy, plans are updated and changed as needed.

After discharge, patients are asked to return at 3 and/ or 6 months for a reevaluation by the team to check for any changes or problems. A Tele-Health visit is also available. All patients are asked to return annually for a full evaluation. The SCI&D Service follows patients over their lifetime to meet their changing needs.

Referrals

- Patient must be a veteran or an active duty service member.
- Patient has a documented spinal cord injury or related disorder.
- Patient is medically stable, if transferring from another facility.

The Facility

- 2 Inpatient Units—80 bed capacity
- Telehealth
- Outpatient Clinic
- Lodger Unit—19 bed capacity
- Therapy Clinics
- Research Labs
- Therapy Pool
- Home Environment Training Unit (a practice apartment)
- 24 hour nursing care
- Recreation Therapy Room
- Patient Education Classroom
- Patient Dining Room
- Smoke free patio area
- Day rooms for family visits with televisions and computers



Your SCI& D Team

- | | |
|-----------------------------|--------------------------|
| • Medical Providers | • Pharmacist |
| • Rehabilitation Nurses | • Psychologists, |
| • Physical therapist, | • Driver education, |
| • Occupational therapists | • Dietician |
| • Social workers | • Chaplain |
| • Vocational rehabilitation | • Recreational therapist |

Services:

- Primary and acute care
- 24 hour nursing care
- Case management
- Inpatient/Outpatient Rehabilitation
- Interdisciplinary Treatment Planning
- SCI annual evaluations & preventative health maintenance
- Outpatient clinic assessments
- SCI Telehealth
- Assistive Technology
- Spinal Cord Injury Education
- Patient/Caregiver support groups
- Equipment evaluation
- Respite Care
- Drivers evaluation and rehabilitation
- Peer counseling program
- Acupuncture
- Wound care management
- Dietary counseling
- Psychological counseling/testing
- Paralyzed Veterans of America Service- VA benefits counseling
- Bowel and bladder management
- Vocational Counseling
- Accessibility evaluation
- Leisure activities and community re-integration
- Research

For Referrals please contact :

- **For Veterans :** Marta Cheek , RN at 804-675-5000 Ext 3380
- **For Active Duty Service Members:** Brenda Lewis, LCSW at 804 -675-5000 Ext. 4873